

# Kisan Veer Mahavidyalaya, Wai

## Department of Psychology

2019-20

### Certificate Course in Counselling and Life Skills Management

#### COURSE DESCRIPTION

The department of under graduate studies in Psychology offers six months part time Certificate Course in Counselling and Life Skills Management.

#### MISSION

The Department of U.G. Studies in Psychology at Kisan Veer Mahavidyalaya, Wai is committed to the primary training and development of competent under graduate students.

#### PHILOSOPHY OF TRAINING

The program in Counselling Psychology and Life Skills Management provides primary training to those who wish to promote mental health in individuals, families, organizations, and communities through careers in direct service, leadership, research, and education.

#### GOALS

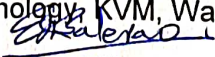
The fundamental goal of the department is help the students to enhance awareness, knowledge and skills in the discipline of Counselling Psychology and Life Skills Management.

#### ADMISSION CRITERIA AND ELIGIBILITY


1. Duration: Six months
2. Eligibility: Under graduate students of College.

#### Syllabus Formation Committee

1. Dr. Prasanna Dabholkar (M.D. Psychiatry, Satara)
2. Dr. Animish Chavan (M.D. Psychiatry, Satara)
3. Dr. Chitra Dabholkar (M.D. Paediatric and Life Skills Trainer)
4. Prof. Anand Ghorpade (Head, Dept. of Psychology, KVM, Wai)
5. Asst. Prof. Ajay Jadhav (Faculty, Dept. of Psychology, KVM, Wai)

  
PRINCIPAL  
KISAN VEER MAHAVIDYALAYA  
Wai, Dist. Satara.



  
Head  
Dept. of Psychology  
Kisan Veer Mahavidyalaya  
Wai

# Kisan Veer Mahavidyalaya, Wai

Department of Psychology

Certificate Course In Counselling and Life Skills Management  
2019-20  
**Syllabus**

## MODULE-I

1. Introduction to Counselling: Definition, Nature and Goals

## MODULE- II

1. Difference between Guidance, Counselling and Psychotherapy
2. Ethics of Counsellors

## MODULE -III

1. Types of Counselling

## MODULE-IV

1. Interactions between Counsellor and Counseele
2. Interview
3. Use of Technology
4. Psychological Tests, Inventories, Checklist, etc.

## MODULE-V

1. Life Skills Management

## FEE Structure

1. Rs.250/- per student

Medium of Instruction Medium of instruction shall be Marathi.

## Examination

Objective type distributed in three papers

### Paper Titles

Paper I- Introduction To Counselling-Module No-I,II

Paper II- Basic Counselling Procedure-Module No-III,IV

Paper III- Life Skills Management -Module No -V

- Each paper have objective type question paper having 25 questions of two marks at the end of syllabus.



*[Signature]*  
**Head**  
Dept. of Psychology  
Kisan Veer Mahavidyalaya  
Wai

*[Signature]*  
**PRINCIPAL**  
KISAN VEER MAHAVIDYALAYA  
Wai, Dist. Satara.

Department of Psychology  
Certificate Course in Counselling and Life  
Skills Management


2019-20


Date-01/08/2019

Name of Faculty

Sr No	Name Of Faculty	Topic Allotment
1	Prof.Anand Ghorpade	<b>MODULE- I ,II,III</b>
2	Prof.Ajay Jadhav	<b>MODULE- IV,V</b>



  
**Head**  
**Dept. of Psychology**  
**Kisan Veer Mahavidyalaya**  
**Wai**

  
**PRINCIPAL**  
**KISAN VEER MAHAVIDYALAYA**  
**Wai, Dist. Satara.**

Kisan Veer Mahavidyalaya, Wai  
Department of Psychology  
Certificate Course In Counselling And Life Skills  
Notice for students


Examinations Time Table


Instruction-

1. The Examination is objective Type.
2. All Questions are compulsory.
- 3, Each Question has two Marks.
4. Total number of questions is 25.
- 5 All Modules of course include in three papers

Sr.No	Paper No.	Modules Include	Date	Time
1	Paper I Introduction To Counselling	I,II	19/10/2019	9.00 TO 10.00 Am
2	Paper II Basic Counselling Procedure	III,IV	19/10/2019	11.00 To 12.00 Am
3	Paper III Life Skills Management	IV	19/10/19	01.00 TO 2.00 Pm



  
**Head**  
**Dept. of Psychology**  
**Kisan Veer Mahavidyalaya**  
**Wai**

  
**PRINCIPAL**  
**KISAN VEER MAHAVIDYALAYA**  
**Wai, Dist. Satara.**

Kisan Veer Mahavidyalaya, Wai  
Department of Psychology  
Certificate Course In Counselling And Life Skills  
Result-2019-20

**Paper Titles**

Paper I- Introduction To Counselling  
Paper II- Basic Counselling Procedure  
Paper III- Life Skills Management

Sr.No	Name of students	Paper No I- Out of 50	Paper No II Out of 50	Paper No III Out of 50	Total Out of 150	%
1	Aniket Jamdade	42	36	40	118	78.66
2	Aryan Kasurde	38	46	40	126	82.66
3	Prasad Danawade	42	36	44	122	81.33
4	Ganesh Mohite	38	44	46	130	85.33
5	Aniket Sasane	30	42	42	114	76.00
6	Gaurao Thopate	40	38	42	120	80.00
7	Manasi Dixit	36	44	44	124	82.66
8	Safiya Sayyad	46	36	42	124	82.66
9	Vaishali More	48	38	44	130	86.66
10	Arati Yadav	44	38	40	122	81.33

**Result Analysis**

1	No Of Students Appeared	No of Students First Class With Distinction	No Of Students First Class	No Of Students with Second Class	No Of Students Fail
2	10	10	00	00	00



*[Signature]*  
**Head**  
Dept. of Psychology  
Kisan Veer Mahavidyalaya  
Wai

*[Signature]*  
**PRINCIPAL**  
KISAN VEER MAHAVIDYALAYA  
Wai, Dist. Satara.

Department of Psychology  
Certificate Course in Counselling and Life Skills Management  
2019-20

## Report

Certificate course in counselling and life skills management promoting the philosophy of learning, the counselling skills as well as life skills for BA 3 psychology student. The course started in the month of August. The objective of course is to make students to learn counselling skills as well as life skills for development of his or her career in psychology.

The course starts with basic learning of the psychological development process in the field of counselling. And Difference between Guidance, Counselling and Psychotherapy. Then the other important factors like types of counselling, Interactions between Counsellor and Counseees, Interview techniques, Use of Technology and Psychological Tests, Inventories, Checklist, etc. teach by our faculty members. In the life skills learning students can learn skills which are very useful in his or her own life.

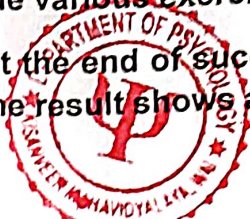
This certificate course is designed to give learners the underpinning knowledge, skills, and competencies to use counselling skills ethically and safely in a variety of contexts and roles and also this Course will offer an appropriate starting point for students, as well as professionals working in other helping professions to apply these skills at their workplaces.

**Learner Outcomes:** By the end of the programme, the learners will be able to:


1. Demonstrate their understanding of the complexities of social realities of the individuals and society.
2. Describe the value, the purpose, and scope of the use of interpersonal-counselling skills in the context of 'helping' professions.
3. Establish and sustain the boundaries in the helping situation/roles.
4. Work empathically as a helper.
5. Demonstrate the ability to focus on the helper's needs and concerns and plan interventions accordingly.
6. Also to understand life skills for self-development.

The course emphasizes an experiential style of learning. Central to counselling, skills practice is the idea that to understand the experience of the other one has to first understand 'the Self'. The course is structured so that students learn not only from what is taught, but also by actively engaging in the various exercises

At the end of successful completion of assignments and written examination, the result shows a success of students to achievements of knowledge.



Head  
Dept. of Psychology  
Kisan Vihar Mahavidyalaya  
5/21

  
PRINCIPAL  
KISAN VIHAR MAHAVIDYALAYA  
DELHI, INDIA

Department of Psychology  
 Certificate Course in Counselling and Life Skills Management  
 Attendance  
 2019-20

Sr No	Name Of Students	1/7/19	13/7/19	3/8/19	10/8/19	17/8/19	24/8/19	7/9/19	14/9/19	21/9/19	28/9/19	5/10/19	12/10/19
1	Aniket Jamdade	<del>Jamdade</del>	<del>Jamdade</del>	<del>Jamdade</del>	<del>Jamdade</del>	<del>Jamdade</del>	<del>Jamdade</del>	<del>Jamdade</del>	<del>Jamdade</del>	<del>Jamdade</del>	<del>Jamdade</del>	<del>Jamdade</del>	<del>Jamdade</del>
2	Aryan Kasurde	AK	AK	AK	AK	AK	AK	AK	AK	AK	AK	AK	AK
3	Prasad Danawade	AD	AD	AD	AD	AD	A	AD	AD	AD	AD	AD	AD
4	Ganesh Mohite	GM	GM	GM	GM	GM	GM	GM	GM	GM	GM	GM	GM
5	Aniket Sasane	AS	AS	AS	AS	AS	AS	AS	AS	AS	AS	AS	AS
6	Gaurao Thopate	GT	GT	GT	GT	GT	GT	GT	GT	GT	GT	GT	GT
7	Manasi Dixit	MD	MD	MD	MD	MD	MD	MD	MD	MD	MD	MD	MD
8	Safiya Sayyad	SS	SS	SS	SS	SS	SS	SS	SS	SS	SS	SS	SS
9	Vaishali More	VM	VM	VM	AB	VM	VM	VM	VM	AB	VM	VM	VM
10	Arati Yadav	AY	AY	AY	AY	AY	AY	AY	AY	AY	AY	AY	AY
10	Poja Ransing	PR	AB	PR	PR	PR	PR	AB	PR	PR	PR	PR	PR
11	Priya Kamble	AK	AK	AK	AK	AK	AK	AK	AK	AK	AK	AK	AK



PRINCIPAL  
 KISAN VEER MAHAVIDYALAYA  
 JALGAON

Department of Psychology  
Certificate Course in Counselling and Life Skills Management  
**Time-table**

**Note** -Every Lecture is 10.00 am to 12.00 pm on every saturday in the month of aug,spt.,oct 2019 (Per Lecture 2 Hours) Total 20 Hours Course.

Sr.No.	Month	Date (July To Oct 2019)	Faculty	Topic Covered
1	July	01	Prof.Anand Ghorpade	Introduction And Importance Of Course
2	July	13	Prof.Anand Ghorpade	Introduction And Importance Of Course
1	Aug.	03	Prof.Anand Ghorpade	<b>MODULE-I</b>
2	Aug.	10	Prof.Ajay Jadhav	<b>MODULE-IV</b>
3	Aug.	17	Prof.Anand Ghorpade	<b>MODULE-I</b>
4	Aug.	24	Prof.Ajay Jadhav	<b>MODULE-IV</b>
5	spt.	07	Prof.Anand Ghorpade	<b>MODULE-II</b>
6	spt.	14	Prof.Ajay Jadhav	<b>MODULE-V</b>
7	spt.	21	Prof.Ajay Jadhav	<b>MODULE-V</b>
8	spt.	28	Prof.Anand Ghorpade	<b>MODULE-II</b>
9	oct.	05	Prof.Anand Ghorpade	<b>MODULE-III</b>
10	oct	12	Prof.Ajay Jadhav	<b>MODULE-V</b>

*E.R. Ralekar*  
PRINCIPAL  
KISAN VEER MAHAVIDYALAYA  
Wai, Dist. Satara.



*[Signature]*  
Head  
Dept. of Psychology  
Kisan Veer Mahavidyalaya  
Wai



Kisan Veer Mahavidyalaya, Wai  
Department of Psychology  
Certificate Course In Counselling And Life Skills  
Result-2019-20

**Paper Titles**

Paper I- Introduction To Counselling  
Paper II- Basic Counselling Procedure  
Paper III- Life Skills Management

Sr, No	Name of students	Paper No I- Out of 50	Paper No II Out of 50	Paper No III Out of 50	Total Out of 150	%
1	Aniket Jamdade	42	36	40	118	78.66
2	Aryan Kasurde	38	46	40	126	82.66
3	Prasad Danawade	42	36	44	122	81.33
4	Ganesh Mohite	38	44	46	130	85.33
5	Aniket Sasane	30	42	42	114	76.00
6	Gaurao Thopate	40	38	42	120	80.00
7	Manasi Dixit	36	44	44	124	82.66
8	Safiya Sayyad	46	36	42	124	82.66
9	Vaishali More	48	38	44	130	86.66
10	Arati Yadav	44	38	40	122	81.33
11	Poja Ransing	40	42	38	120	82.25
12	Komal Kamble	Ab.	Ab.	Ab.	Ab.	Ab.

**Result Analysis**

1	No Of Students Appeared	No of Students First Class With Distinction	No Of Students First Class	No Of Students with Second Class	No Of Students Fail
2	11	11	00	00	00



*Amu*  
**Head**  
Dept. of Psychology  
Kisan Veer Mahavidyalaya  
Wai

Kisan Veer Mahavidyalaya, Wai  
Department of Psychology  
Certificate Course In Counselling And Life Skills  
Notice for students  
2019-20

Date-22/06/2021

The students of psychology BA part 3 are informed that the certificate course in counselling and Life skill management will be conducted in the Department of Psychology from 1st July 2019. The detailed Timetable is posted on the notice board of the department. Please make sure of your admission to course and attend class according to Timetable.



*A. Ghorpade*  
Prof. Anand Ghorpade

Head  
Dept of Psychology  
Kisan Veer Mahavidyalaya  
Wai

*E. B. Patil*  
01/10/2021

I/C PRINCIPAL  
KISAN VEER MAHAVIYALAYA  
Tal. Wai, Dist. Satara